

Independent Living

Scenario: A kid wants to move out on his/her own, what do you do?

STEPS TO INDEPENDENT LIVING

1. North Bend City/Coos-Curry Housing Authorities (HUD)
 - Their location: 1700 Monroe St.
North Bend, OR 97459
Phone: 756-4111 or 1-877-897-9349
2. Cedar Grove Apartments (They have their own application)
 - Their location: 2090 Inland Dr.
North Bend, OR 97459
Phone: 756-1822
3. Coquille Indian Housing Authority (They have their own application and you don't have to be Native American to apply)
 - Website: <http://www.coquilletribe.org/coquille-indian-tribe-ciha.htm>
4. Confederated Tribes of the Coos, Lower Umpqua, and Siuslaw Indians (They have their own application and you don't have to be Native American to apply)
 - Website: <http://www.ctclusi.org/housing.asp>
5. Umpqua Community Development Corporation
 - Website: <http://www.umpquacdc.org/html/soc-hop.html>
6. Independent Living Program
 - Contact: Grant Gill at 541-267-3391
 - For foster and out of foster care

IF YOU QUALIFY FOR SECTION 8 HOUSING, THESE PROPERTY MANAGEMENT COMPANIES MAY BE HELPFUL:

7. E.L Edwards Property Management
 - Website: <http://www.eledwards.com/>
8. Grand Management
 - Website: <http://grandmgmt.com>

For more information on housing please contact the Newmark Center.

**YOU MUST BE 17 YEARS OLD (WITH SIGNED PARENT CONSENT)
OR OVER THE AGE OF 18.**

REQUIRED DOCUMENTS:

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- Pay Stubs (if working or have worked within the last 3 months)
- Social Security Statements if receiving benefits
- Bank Statements (3 month activity statement from bank)
- Picture ID issued by the State
- Birth Certificate
- Social Security Card
- Professional References (At least 3)

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Scenario: You are in crisis and need emergency housing, what do you do?

STEPS FOR EMERGENCY HOUSING

1. Community Action
 - Emergency Assistance (pay partial rent)
 - Homeless (must complete assessment at Newmark Center on Monday 10-12 or Wednesday 1:30-3:30)
 - Rental Listings
 - Proof of Homelessness and Social Security Card
 - Their address: 2110 Newmark
Coos Bay, OR 97420
Phone: 888-7016

2. Temporary Help in Emergency (T.H.E House)
 - Short Term Basis (3 days)
 - Must be 18 years old or over
 - Must have picture ID
 - Check in after 5:00 pm
 - Their location: 745 Koosbay Blvd.
Coos Bay, OR 97420
Phone: 267-5331

3. Bay Area First Step
 - Their location: 1741 Newmark
Coos Bay, OR 97420
Phone: 888-3111
 - Referral from a professional (friends and family do not qualify as referral)
 - Must be 16 years or older
 - Must be a recovery drug/alcohol addict
 - 2 beds to a room and share a bathroom
 - \$119.00 per month for rent, \$115.00 for food per month, \$25.00 screening fee
 - 90 day stay with possible extensions

4. Belloni Corporation
 - Phone Number: 269-0321 Crisis Line: 756-5500
 - Must be referred by Children Services, OYA, Mental Health, Juvenile Department, or Youth Investment Counseling Services
 - Must be 10 years or older
 - Length of stay can range from one afternoon to months, but must agree to go through counseling

5. Bay Bridge Apartments
 - Need referral from Mental Health Department to qualify

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6. South Coast Gospel Mission

- Their location: 1999 N. 7th
Coos Bay, OR 97420
Phone: 269-5017
- No age limit
- No referral process
- Provided with 3 meals a day
- No drugs/alcohol allowed
- Must be actively seeking employment while staying at the Mission

7. Women's Safety Resources

- Their location: 1810 Monroe
North Bend, OR 97459
Phone: 756-7864
- Website: <http://www.womensafety.org>

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Scenario: You have moved out and are seeking assistance with utilities and services.

WHAT ARE YOUR OPTIONS?

1. Energy Assistance Program (L.I.E.P.)
 - Helps low-income applicants receive financial assistance with energy bills.
 - Applications are only accepted on Mondays and Tuesdays
 - Address: Community Action: 2110 Newmark, Coos Bay OR 97420
 - Phone Number: 541-888-7020

2. Oregon Telephone Assistance Program (O.T.A.P.)
 - Helps low-income people with phone assistance.
 - Phone Number: 1-800-848-4442
 - TDD Users: 1-800-648-3458

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Scenario: You have moved out and are seeking assistance with health and related services.

WHAT ARE YOUR OPTIONS?

1. Bay Area Hospital and DOCS
 - This program is for people WITHOUT any health insurance that are seeking prescription medication
 - Phone Number: 541-269-7400

2. Oregon Health Plan
 - This is a health insurance assistance program for managed health care plans.
 - Guidelines to qualify: Under the age of 18, adult that is 65 or older, adults with disabilities, or are pregnant.
 - To apply: Go to the Newmark Center at 2110 Newmark Coos Bay, OR
 - Phone Numbers for Coos County: 541-888-7161 or 1-800-359-9517
 - Phone Numbers for West Douglas County: 541-271-4835 or 1-800-359-9517

3. South Coast Independent Living Program (SCILS)
 - Contact: Elaine Lortscher
 - Phone Number: 541-469-5306 ext. 303 or 1-800-481-5777 ext. 303
 - Website: <http://www.bff.org/scils.html>
 - This program helps with applying for social security, maintaining social security and writing a PASS plan

4. Lions Club
 - The Lions Club helps low income children and adults in need of eye exams, eye glasses, hearing aids, and dental exams.
 - Contact your city Lions Club for an application and more information

5. Waterfall Clinic
 - Phone Number: 541-756-6232
 - Location: 1890 Waite St. North Bend, OR 97459
 - This clinic provides a sliding fee scale for medical services

6. Northwest Dental
 - Phone Number: 1-800-723-3638
 - This agency provides dental care for families with no insurance

7. Coos County Health Department
 - Phone Number: 541-756-2020
 - This agency provides services such as; immunizations, family planning, WIC, Tobacco prevention and more

8. Family Health Insurance Assistance Program (FHIAP)

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- Website: <http://www.oregon.gov/OPHP/FHIAP/index.shtml>
 - Phone Number for more information: 1-888-564-9669
9. Safety Net
- This is for families and residential treatment medication management
 - Phone Number: 541-756-2020 ext. 671
10. Caring Pregnancy Center
- Phone Number: 541-267-5204
 - Pregnancy testing, counseling, agency services as well as providing baby items for low-income families
11. Needymeds.com
- Prescription drug assistance program
 - Website: <http://www.needymeds.com/>
12. SafeNet
- Phone Number: 1-800-723-3638
 - Information on urgent care clinics, referral to doctors, coalition-volunteer, doctors for community clinics
13. North Bend Medical Clinic
- If you don't have an established doctor
 - Phone Number: 267-5151 ext. 327
 - Location: 1900 Woodland Dr. Coos Bay, OR 97420
14. Bay Clinic
- If you don't have an established doctor
 - Phone Number: 269-0333
 - Location: 1750 Thompson Coos Bay, OR 97420
15. Shriners Hospital for Children
- Website: http://www.shrinershq.org/Hospitals/Hospitals_for_Children/
 - A hospital for children with orthopedic impairments and burns
16. Community Connections
- Screening and referral for medical needs.
 - Phone Number: 541-266-3951

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Scenario: You are in need of food assistance?

WHAT ARE YOUR OPTIONS?

1. Bay Area Rescue Mission
 - Hot meals only
 - Location: 675 Newmark Coos Bay, OR 97420
 - Phone Number: 541-888-8808
2. Community Action
 - Location: 2110 Newmark Center Coos Bay, OR 97420
 - Phone Number: 541-7024
3. Charleston Fish Wives
 - Location: 5392 Crown Point Rd. Charleston, OR 97420
4. Lakeside Assembly of God
 - Location: 230 N. 8th Lakeside, OR 97449
 - Phone Number: 541-759-3530
5. Coquille Holy Name Catholic Church
 - Location: 12 N. Dean Coquille, OR 97423
 - Phone Number: 541-396-3849
6. Presbyterian Church
 - Food Only
 - 2238 Pony Creek Road North Bend, OR 97459
 - Phone Number: 541-756-4155
7. 7th Day Adventist Church
 - Phone Number: 541-756-7413
8. Salvation Army
 - Location: 1155 Flanagan Coos Bay, OR 97420
 - Phone Number: 541-888-5202
9. Church of the Nazarene
 - Location: 1850 Clark North Bend, OR 97459
 - Phone Number: 541-756-2004
10. Meals on Wheels
 - Location: 886 S. 4th Coos Bay, OR 97420
 - Phone Number: 541-269-2626

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11. Emmanuel Episcopal Food Cupboard

- Location: 370 Market St. Coos Bay, OR 97420
- Phone Number: 541-269-5829

12. THE House

- Dinners served daily
- Location: 745 KoosBay Blvd. Coos Bay, OR 97420
- Phone Number: 541-267-5331

13. South Coast Gospel Mission

- Breakfast, Lunch and Dinner
- Location: 1999 N. 7th Coos Bay, OR 97420
- Phone Number: 541-269-5017

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Scenario: You are in need of clothing assistance

WHAT ARE YOUR OPTIONS?

1. Salvation Army
 - Emergency food and clothing vouchers
 - Location: 306 S. 2nd Coos Bay, OR 97420
 - Phone Number: 541-269-9704

2. North Bend Church of Christ
 - Free Clothing
 - Location: 2761 Broadway North Bend, OR 97459
 - Phone Number: 541-756-4844

3. Goodwill Thrift Store
 - Location: 3698 Broadway North Bend, OR 97459
 - Phone Number: 541-269-9150

4. Bay Area Enterprise Thrift Store
 - Location: 353 S. 2nd St. Coos Bay, OR 97420
 - Phone Number: 541-269-9317

5. South Coast Hospice Thrift Store
 - Location: 1955 Meade North Bend, OR 97459
 - Phone Number: 541-269-9611

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Scenario: If you suspect your student is using or abusing drugs/alcohol or you are the student and would like to seek help with a drug/alcohol addiction.

WHAT ARE YOUR OPTIONS?

1. Serenity Lane
 - This program provides inpatient treatment in Eugene, and outpatient treatment in North Bend.
 - Location: 400 Virginia, Suite 102 North Bend, OR 97459
 - Phone Number: 541-756-6813
2. ADAPT (Alcohol, Drug Abuse Prevention and Treatment)
 - This program will provide interventions for family members who have addictions, they can refer to treatment programs, and provide follow-up programs.
 - Youth Program is available for males and females. Eligibility screenings and assessments are done on Thursdays at 3:30 pm.
 - Location: 400 Virginia, Suite 201 North Bend, OR 97459
 - Phone Number: 541-751-0357
3. Oregon Partnership Meth Hot Line
 - A free, confidential referral service that provides information about substance abuse and refers clients to professional treatment.
 - Phone Number: 1-800-923-HELP (4357)
4. Celebration Center
 - A Christian based 12-step program.
 - Location: 2389 Sherman, North Bend, OR 97459
 - Phone Number: 541-756-4000
5. Coos County Corrections Treatment Center
 - Provides drug and alcohol treatment for corrections clients only.
 - Location: 1975 McPherson North Bend, OR 97459
 - Phone Number: 541-756-2020 ext. 553
6. Youth Investment Counseling Services
 - Anger management, drug use/abuse, chronic truancy, poor school performance, and crisis intervention.
 - Location: 650 W. Anderson Suite A Coos Bay, OR 97420
 - Phone Number: 541-267-0842
7. Coos County Health Department
 - Tobacco prevention, education with a focus on youth.
 - Location: 1975 McPherson North Bend, OR 97459
 - Phone Number: 541-756-2020 ext. 510

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FOR MORE INFORMATION AND OTHER SERVICES
PLEASE VISIT THE FOLLOWING SITE:

<http://www.co.coos.or.us/ccf/ccfrg.pdf>